RELATIVES AS PARENTS PROGRAM OFFERS:

Fun Events & Activities Youth Development "Down Time" Caregivers Chat Teen RAPP

RELATIVES AS PARENTS PROGRAM DECLARES:

"We are committed to making a difference in the lives of relative caregivers and the youth they care for, by encouraging and supporting, providing education, and connecting them to valuable resources. RAPP strives to build, strengthen, and maintain cherished family ties."



Funding for RAPP is provided by the Dyson Foundation, the United Way of Ulster County & Office of Children and Family Services.

> For information about the Relatives as Parents Program and/or volunteering contact Jennifer Patterson at 845-340-3990 ext. 343 or email jmp394@cornell.edu





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232 Plaza Road Kingston, NY 12401 845-340-3990



RELATIVES AS PARENTS PROGRAM SUPPORTS FAMILIES OF RELATIVE CAREGIVERS

FUN EVENTS & ACTIVITIES

Intergenerational events are created to nurture



improved communications within the family unit and encourage teamwork. Some popular events have included: Field Trips, an Annual Community Garden, a Running Club, and a Holiday Party!



YOUTH DEVELOPMENT PROGRAM

Fun and informal methods are used to engage RAPP youth, ages five and up, in making new friends, building confidence, and developing self-understanding. Educational activities may include: nutrition, financial awareness and environmental issues.

"DOWN TIME "

Respite time is regularly planned for relative caregivers. This time is for them to enjoy a break from the daily stresses and demands of

parenting roles. At the same time, the RAPP team spends quality time with the youth in a variety of fun, crafty, and educational activities. RAPP kids have learned to sew, bake, and create, while enjoying time with



their peers and learning the value of collaborative teamwork.

CAREGIVERS CHAT



Support, education, and referrals are provided in an informal group setting. Caregivers come together monthly to hear guest speakers present on a variety of relevant topics, and enjoy the added opportunity to share their experiences, challenges, and concerns with each other.

TEEN RAPP

Monthly activities and discussion groups for teens aged twelve and up. Teens meet in a supportive environment that cultivates emotional and social well-being through community service projects, career exploration opportunities, and 4-H youth development activities. The teens interact with peers and develop life skills that will benefit them in their transition into young adulthood.

RAPP meetings are held at Cornell Cooperative Extension Education Center, 232 Plaza Road, Kingston NY